

Run Leader Profile

Name: Rob Hughes

Nickname: Robbo / Robbie / Bobert

Hometown: Wrexham, honorary Cestrian.

Profession: IT Engineer – Infrastructure & Servers

CRR Role: G4 Run Leader

Joined CRR: January 2018

Started running: 2011 - Purely to get 1.5 mile in under 12 minutes.

Chester Half was when the proper running started.

First running event: Chester Half 2012 A colleague announced his entry and coaxed the rest of us. I shrugged, "Can't be that bad." 🧑🏻🧑🏻

Favourite event and why: Chester Half, the organisation and local support is brill, even more now with the club. Nottingham Half for the area, route and medal!

Favourite running moments: Running through Crete in the early hours, obscenely drunk, torrential rain and in hiking boots. And last year, turning into the racecourse on the Chester Marathon, seeing my brother having stood there waiting over an hour longer than we planned and still having time for 3 KFC meals...

Favourite CRR moment: Helping runners up the last stretch at Chester Half, feeling the comradery during the longer training runs.

Why do you run? Phwaor. Why DON'T I run!? It makes me feel alive and free, we've been doing it for thousands of years, why stop now!

2018 goals: Half PB ✓✓ and a 4:30 Marathon!

Favourite Food: Noodles, oh my god give me noodles. And fatty meats..
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Favourite place: Heraklion, no Loggerheads, Horsforth, no Reykjavik. I don't know! 😞😞

First thing you would buy with lottery winnings: A scratch card to double check my luck.

Three interesting facts:

1. Have a reputation for losing my keys or locking myself out of cars & houses. And then finding the spares a week later, after new locks have been installed. 😞😞

2. I've stood at a urinal with Game of Thrones actors who could only be described as monolithic in stature. Needless to say I stuck up a conversation. 😞😞

3. Almost blew up my car in Sainsbury's petrol station after fitting my fuel pump incorrectly and covering the backseats of unleaded. 🤔😬