

Run Leader Profile

Name: Sue Gallagher

Nickname: Suse, Susie or Tilly Mint (just my Mum calls me this!)

Hometown: Chester

Profession: Head of marketing at DSG Chartered Accountants

CRR Role: Group 3 Run Leader

Started running: 5 years ago, mid life crisis I think! Joined CRR April 16 and became a Run Leader in March 18.

First Event: Chester race for life in July 2013

Favourite Event and why: ooh, this is a tough one to answer, I have quite a few! Conwy Half for the views and the downhill and the support on the course (plus the CRR road trip), Fell Hell and Llandegla 10km definitely a challenging trail run.

Favourite running moment: Joining CRR, thanks to [Sarah Usher](#) for encouraging me to do this.

Favourite CRR moment: Too many of these! Going to races as a group, club corner at the Chester metric/marathon, the support was amazing. Becoming a run leader and giving something back. Being privileged to meet a group of truly wonderful, inspiring people and making some lifelong friends.

Why do you run: it's a great stress reliever for me. So I can eat and drink what I want to as I don't do diets!

2018 Goals: To complete my first marathon at Chester in October and get to the finish in one piece. To run more trails, as I really enjoy them. And to complete the Great North Run in September.

Favourite Food: Indian, crisps and halloumi

Favourite Place: Anywhere by the sea. I love Anglesey as much as exotic destinations.

First thing you would buy with lottery winnings: I'd love a small holding or a place by the sea.

Three interesting facts:

(I think this bit is really hard!)

1. I absolutely love rollercoasters. Spent my 40th birthday at Alton Towers like a big kid!!
2. I have an obsession with running socks, I think the only ones I haven't tried are the individual toe ones!!! My drawers are full of them.
3. I have been on TV (only in the audience of Noel's House Party with Mr Blobby!! For those of you who are too young to know what that was it's like Ant & Decs Saturday Night Takeaway!!! Or look on google!)