

Chester Road Runners Welfare Policy

This policy document applies to all members within the club. It is imperative that you read and abide by these guidelines. If you feel in any way that others within the club are not following these codes of conduct that you contact the **Welfare Officer** (Sarah Evans at crrwelfare@gmail.com) as soon as possible.

Chester Road Runners believe that everyone involved in running should thrive, fare well and enjoy safety, security and protection from abuse, maltreatment or misconduct.

- Every individual involved in **Chester Road Runners** is responsible for upholding this belief.
- **Chester Road Runners** also recognise that they have a responsibility to ensure the highest standard of care to all (including young people and/or vulnerable adults) involved in running.

The 'golden rule' for all involved in running in relation to welfare and protection is that it is not your responsibility to judge whether or not a welfare violation has taken place, but it is your responsibility to act on any concerns you may have.

All children and adults are entitled to a duty of care and to be protected from abuse. Chester Road Runners commits to the England Athletics safeguarding policies in their entirety:

- Safeguarding and protecting children in athletics.
- Safeguarding adults in athletics.

Chester Road Runners will:

- Accept the moral and legal responsibility to implement procedures to provide a duty of care for all people (including young adults) within the sport, safeguard their well-being and protect them from abuse.
- Respect and promote the rights, wishes and feelings of people taking part in running including young people, disabled and/or vulnerable adults.
- Recruit, train and supervise its run leaders to adopt best practice in all equality issues, to safeguard and protect young people from abuse, and themselves against false allegations.
- Require run leaders to adopt and abide by the running welfare policy and procedures, running codes of conduct and investigatory, grievance, disciplinary and appeal procedures.
- Respond to any allegations appropriately and implement the appropriate disciplinary and appeals procedures.

We will:

- Act with dignity and display courtesy and good manners towards others

- Avoid swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to yourself or others, acts of violence, bullying, harassment
- Challenge inappropriate behaviour and language by others
- Avoid destructive behaviour
- Never engage in any inappropriate or illegal behaviour
- Not carry or consume alcohol to excess and/or illegal substances
- Not carry any items that can be dangerous to yourself or to others
- Report any suspected misconduct by run leaders or other people involved in running to the Club, Regional, National or UKA welfare officer as soon as possible and as appropriate