



Chester Road Runners Committee Meeting – Tuesday 7 August 2018 meeting commenced 7:32pm (White Horse Pub – Chester Racecourse)

Present – Laura Hukin (LH), Laura Davies (LD), Tony Hill (TH), Richard Parry (RP), Sarah Evans (SE), Gill Amos (GA), & Amanda Newall (AN)

Apologies – Joanne Hutcheon (JE), Hope Nicholson (HN), Chris Laughton (CL), Matt Whitehill (MW), Kim Hopkins (KH) & Kerry Williams (KW)

1. Matters arising
 - Insurance policy has been updated, all volunteers must be DBS registered.
 - Welfare policy it to be updated to the website.
2. Finance -
 - £6.5K in the bank account with committed expenditure totalling £3K - of coaching courses 4 run leader courses and new kit for 10 run leaders as well as the balance due for the summer barbecue.
 - Bank form required from one committee member then they can all be sent off.
 - 408 full paying members, 40 on C25K course starting September and 20 on month free trial
3. Head Run Leader update
 - 3 applications received for run leader coaching courses. All entrants were approved to be offered the opportunity to take the course. Funding for the courses will be made up front by the club with each person having it confirmed with them that failure to complete the course means they have to repay the money to the club.
 - Due to group sizes there is the potential for a Group 6 when the C25K course has completed
 - **RP to contact LD** regarding access to MoJo for new run leaders for run registration purposes.
4. C25K
 - Membership dates of the C25K contingent to be changes to the start of the course to ensure they get a full 12 months membership, **RP to sort this out.**
 - Meeting of the C25K Sub committee to take place.
 - Next course after this potentially to be run in January 2019.
5. Plogging
 - Run Leader Steve has come up with the run evening idea and suggests routes approx. 10% less distance than normal. Estimated date 22 August 2018.
 - Steve will provide the bags and gloves as well as produce a specific RA for the activity (not for the routes).
6. October Mile A Day
 - TH will sort gifts for this, an idea different to mugs will be provided.
7. Newsletter
 - June newsletter sent to 442 people with 46% opening the email.
 - July newsletter sent to 462 people with 50.8% opening the email.
 - Next month will include an article from Anatomy with some generic physio advice.
8. Membership
 - RP to review the list of expired members and follow up any regular members if they wish to re-join.
9. Social committee
 - 71 People paid for the summer barbecue with 14 unpaid currently, a notification to go on the Facebook page that only paid in advance attendees allowed.
 - TH to confirm numbers and food with the caterer.



10. Website

- Run Leaders details can be picture and name, option of bio from meet your run leader

11. Club Kit

- There is a new owner of the business operating the kit, meeting to be arranged with them

12. Run Leaders Representative

- Adjourned

13. Track evening

- Rob Hughes in charge of this as maximum of 16 people so he will sort out who is on what dates. See how it goes after three month trial.

14. North West Social Prescribing Network

- RP to look into in more detail and speak to BB and JH.

15. Future meeting date

- Next meeting to be Tuesday 4th September @ 7.30pm

16. Any other business

- RP to review weekly stats of attendance and report them to the committee.
- Future of a debate on potential regarding club nights

Meeting closed 9.07pm