

Run Leader Profile

Name: Amanda Newall

Nickname: AJ or Jumpy

Hometown: Chester, but spent 8 years 'down south' 1994-2002

Professions: Marketing Manager, Tariffs Analyst, Mummy, Volunteer with National Autistic Society

CRR Role: Run Leader

Started running: 2012 after many years off

First Running Event: Great Manchester Run

Favourite Event and why: Snowdonia Marathon. I never thought you could love running that far, but the scenery, company and hills made it a truly enjoyable experience. I'm happiest in the mountains, so it was the perfect setting. Also can't beat home races for the support and team spirit.

Favourite running moment: Seeing Vicky and Caz finish this years Chester Half in under 2 hours, knowing how happy they were and knowing I had a part in helping my friends achieve a goal.

Favourite CRR moment: It's a recurring theme but Majorca last year. I haven't laughed so much in years.

Why do you run?: I LOVE it! It makes me feel happy, alive and forever 28 years old!! It's also the only thing I do that is just for me, not for my family, my kids or work. Achieving a PB or making it to the top of a big hill makes me remember I can achieve things too. I'm also very grateful for all the friends I have made through running, they feel like my second family.

2018 Goals: Complete a trail marathon (in fact I'm signed up for 2!) Get a half marathon PB.

Favourite Food: Curry

Favourite Place: Too hard to choose just 1. Sri Lanka, Cornwall and Snowdonia.

First thing you would buy with Lottery winnings: Jeep Wrangler for my hubby.

Three interesting facts:

1. I used to get paid to travel to exotic places and stay in 5star hotels.
2. I once had a smooch with an ex-England footballer.
3. I LOVE gardening and would like to work for the National Trust