

Run Leader Profile

Name: Becky Rowland

Nickname: Beccs

Hometown: Ellesmere Port

Profession: Out of Hours Community Nursing Assistant

CRR Role: Group 2 Run Leader

Joined CRR: January 2018

Started running: January 2018

First running event: Tatton Park 10K April 2018

Favourite event and why: Cholmondeley Castle Half Marathon July 2018, thought I was going to die but didn't 😅 my running has come on quite a bit since then 😂

Favourite running moment: Cheshire 5K getting my sub 25min Pb.

Favourite CRR moment: Not one particular moment as I'm still very new but loving getting to know the rest of the club and forming friendships

Why do you run? To keep me sane 😅

2018 goals: Complete more half marathons and possibly even a full marathon

Favourite Food: Any kind of desert 🍰 & fruit

Favourite place: I don't have one favourite, I'd like to travel the world eventually

First thing you would buy with lottery winnings: Travel the world and new homes for all the family

Three interesting facts:

- I did a 15,000ft skydive for charity when I was younger
- I have two toddlers, a 1.5 & 2.5yr old. They are my biggest achievement
- I've had over 15 different jobs ranging from retail, administrative and health care