

Run Leader Profile

Name: Ben Bartlett

Nickname: Ben... but depends on who you ask 🤔

Hometown: Chester

Profession: IT System Analyst 🧑💻

CRR Role: Group 2 Run Leader

Started running: May 2011 (sporadically for 3 years then stopped for a couple of years till I joined CRR)

Date joined CRR: October 2016

First Event: 2011- Cross bay challenge, running from Grange over sands to Morecambe across the bay!!

But with CRR 2017 Helsby 4 villages half marathon.

Favourite Event and why: Tour of Merseyside.. 6 races over 7 days running 52miles. Each race is different and the camaraderie is awesome and you make friends forever... plus the CRR car pool karaoke.

Favourite running moment: Completing my first marathon, as I have never felt emotion like it. I cried on the start line, half way round and as i finished.

Favourite CRR Moment: Chester Marathon 2017. Getting so much support and encouragement on the course and then seeing everyone on club corner when feeling rubbish is the best feeling, and then supporting all the other CRR runners coming home.

Why do you run?: 1. For my mental health. 2. It allows me to eat and drink so much more! 3. It's all about the bling!

2018 Goals: To run Paris and London marathons for MIND.

Favourite Food: Steak, Chinese, Risotto.. 🍗

Favourite Place: Cusco - Peru

First thing you would buy with Lottery winnings: round the world flights.

Three interesting facts:

1. I have more running clothes than non running clothes
2. I love to travel and passport has to used at least 3 times a year
3. I have signed up for the Chester 50mile ultra marathon