

## Run Leader Profile

Name: Charlie Eldred

Nickname: Charlie

Hometown: Hull

Profession:

CRR Role: Run leader group 2 or 1 or 3 if needed

Joined CRR: Jan 2017

Started running: Many moons ago

First running event: Epsom ½ Marathon 1992 or 93

Favourite event and why: Grizzly 20 miles multi terrain hills bog beach what's not to like started doing it in 2001 and have only missed one since then.

Favourite running moment: Finishing the lakes in a day 50 miler my first and so far only long ultra

Favourite CRR moment: Trying to run lead without the aid of a watch

Why do you run? For fun

2018 goals: 🤔 Noo

Favourite Food: Mushrooms or Pizza, mushrooms on pizza

Favourite place: Outdoors

First thing you would buy with lottery winnings: A plane ticket.

Three interesting facts:

Despite speaking Yorkshire I was born in Essex and lived in London for most of my adult life.

I once spent six months cycling round Central America. Starting in the Yucatan peninsula in Mexico going through Honduras Guatemala Nicaragua Costa Rica El Salvador and Panama. Finishing off with a few weeks round Dominican Republic and Cuba.

I learnt to dive in Sharm el Sheik before it became a holiday destination.