

Run Leader Profile

Name: Richard Parry

Nickname: Dickie P or Statto

Hometown: Eastham, Wirral

Profession: Accountant

CRR Role: Hon. Club Secretary, membership secretary and Group 3 run leader

Joined CRR - July 2015

Started running: October 2012 in preparation for....

First Event: Chester Half Marathon 2013

Favourite Event and why: Humber Bridge Half Marathon 2016. An emotional weekend returning 20 years after leaving Hull and crossing the beautiful bridge for the first time.

Favourite running moment: Getting my first sub 2:00 half marathon in Lancaster 2015 knocking a whopping 9 minutes off my previous best. I had only entered the race on the Friday taking it as a transfer from another club member. I knew sub 2 was "on" at half way but my wife Kirsty who had gone with me had no idea. The race finished on a running track and I as rounded the final bend I shouted to Kirst who was not expecting me so early. I finished with tears of joy on my face!

Favourite CRR moment: scooping up and carrying my daughter Ellie from by the CRR tent and over the finish line as I finished my first Chester marathon in 2016.

Why do you run?: maintain good mental health and to maintain fitness

2018 Goals: To stay injury free and try to make G3 runs interesting and exciting

Favourite Food: Indian

Favourite Place: My caravan

First thing you would buy with Lottery winnings: Family holiday

Three interesting facts:

1. When I was in primary school I wanted to change my name to Terence.
2. As a child a week after our tortoise died I dug up his grave to see if he had gone to heaven.
3. I fainted Del Boy style after the 2016 Chester Marathon at club corner. The help fellow runners gave me and especially Laura to a very distressed Ellie makes you realise how great a club CRR is and the bond reaches further than just running buddies.