



Chester Road Runners Committee Meeting – Tuesday 6 November 2018 meeting commenced 7:30pm (White Horse Pub – Chester Racecourse)

Present – Laura Hukin (LH), , Tony Hill (TH), Richard Parry (RP), Sarah Evans (SE), Amanda Newall (AN), Joanne Hutcheon (JE), Kim Hopkins (KH), Gill Amos (GA) & Kerry Williams (KW)

Apologies –Hope Nicholson (HN), Laura Davies (LD), Matt Whitehill (MW) & Emma Brown (EB)

1. Matters arising from the previous meeting -
 - a) Minutes had been misplaced but would be recreated and distributed.
2. Facebook CRR Training Group – managing membership -
 - a) Overall authorisation to remain with RP as Membership secretary with a regular cull to remove none current members
3. Constitution Update -
 - a) JH and GA provided a draft version to discuss and will report back to the group at a later date.
4. Finance - Inc:
 - a) Member number – 416 full members, 41 C25K, 25 on 4 week trial
 - b) 98 memberships up for renewal by the end of January 2019.
 - c) Currently £3.3K of available funds once £4.8K of committed costs had been settled with includes Coaching courses, run leader coaching, event coach hire and the balance for the Christmas doo.
5. Track Night –
 - a) All three nights had gone well and as we had not been given exclusive use as promised the fee was reduced.
 - b) Proposed to continue the facility with exclusive use to allow more athletes to attend and trial over a 6 month period to be led by Rob Hughes and 2 other run leaders.
 - c) Aim to start in January 2019.
6. Runners representative Inc.:
 - a) LD had forwarded the responses to TH which totalled + 250.
 - b) A separate meeting to discuss in detail was suggested and would be held on 27 November.
 - c) After this meeting the run leaders to receive the analysis for their individual groups for discussion.
 - d) Once the above have been concluded, the results will be fed back the members.
7. G5 / G6 –
 - a) Per GA, 4 of the current C25K could easily be in group 4 already.
 - b) JH stated that G5 run leaders had discussed options and were happy with the below proposal:
 - i. Suggestion of splitting G5 based on pace and distance to make progression into G4 easier.
 - ii. Aim to have 6 groups in place from January 2019 although it will be possibly being trialled in December.
 - iii. Pace for G5 to be 11:30 – 12:30 mm and G6 12:30+ to allow G6 to be open for new start runners.
 - c) It was suggested to make moving groups less daunting that there should be guest run leader coming down and up to groups so that runners had someone they knew in charge.



8. Newsletter – Inc:
 - a) Article re benefits of EA membership to be included in next newsletter and it will be added to the website if it had not already been done so.

9. VLM – Inc:
 - a) A total of 12 people were to be in the draw, it was agreed that the names of those included would not be made public as a list.
 - b) Deferment policy for eligible entrants – it was discussed and agreed that any member who qualified for entry and had asked to be considered but requested that their name not be included in the final draw for whatever reason would be allowed to have this year and any previous years credit to be carried forward as if they had been included in the main draw just not had their name picked out.
 - c) Management of approach for 2020 – commencing May 2019 so as to ensure there are no embarrassing issues of members not been eligible when they had originally been advised that they were.
 - d) Compulsory EA membership to gain additional club place? – This had been raised by a member and it was decided that to charge all members for the benefit of a select few was somewhat unfair and compulsory membership would not be imposed. It was agreed however that a push would be put forward to advise members of the benefits of being EA members which is not solely to be able to enter the club VLM draw.

10. MAD review –
 - a) 50+ had started on 1st October however only 28 completed the month. Gifts would be sorted by TH and distributed this week.

11. Head Run Leader update Inc.–
 - a) DBS for two run leaders were discussed and will be looked into by SE and RP accordingly.
 - b) Run leader meal to be held in January with the addition of the Committee members as a thank you
 - c) Nathalie Rees requested that her DBS be updated so that she could retain her Coaching role via EA. It was noted that this was possible for the club to do FOC with EA with her being an “inactive” run leader.

12. Social committee -
 - a) Xmas party-
 - i. Entry increased from 120 to 150 by the hosts meaning the original waiting list could all be invited and LH was to notify those people personally.
 - ii. Additional tickets will be made available after the C25K graduation to allow those new members chance to obtain tickets.
 - iii. Dress code will be “Dress to impress”.
 - iv. A free raffle will be held, members will be requested to bring along a raffle prize.
 - v. Balance to be paid by 24 November.
 - b) “The Big Fat Running Show” – Possibility for the community centre n March / April.

13. Website –
 - a) Run leader section has been updated and members only section is being trialled.

14. Club kit –
 - a) Matt who joined run geek has subsequently left. Kim had been chasing for 3 weeks with no reply from the company.
 - b) A decision was made to review alternative suppliers, there is no contract in place regarding staying with them and CRR owns the intellectual property of the design. Of the two suppliers



available, different options were brought forward such as web portal and additional club kit options. One of the suppliers was long standing, the other looking to enter this market.

- c) Issues were with production times and quantity numbers, the idea was to ensure that these targets were met, "order drives" would be encouraged at certain points of the year so that new members were not waiting inordinate amounts of time.
- d) It was to be made known to members not to currently order any more kit from Run Geek.

15. C25K – update Inc. –

- a) Current C25K course:
 - i. Graduation 28th November from Westminster Community Centre. Centre cannot be accessed till 8:00pm.
 - ii. C25K group are to sort their own foods out.
- b) Next C25K course:
 - i. Confirmation launch date of next course Jan 9th 2019
 - ii. RP to let KW know to make it known to the world on Facebook
 - iii. Emma has been asked to assemble run leaders for this course.
 - iv. Group size – again sticking with 40. RP will need to sort out MoJo for this.
 - v. The course structure was to be reviewed for January due to the number of injuries being sustained.

16. Confirmation next meeting date – Tuesday 11th December 2018 @ 7:30pm.

17. AOB –

- a) £10 voucher to the official CRR marshals for the Chester Marathon day will be sent out.

Meeting closed 9:33pm